

## What is mandatory training in care?

Mandatory training in care in the UK refers to the minimum level of training that all care workers are required to complete as part of their role. This training covers key areas such as <a href="health and safety">health and safety</a>, <a href="safeguarding">safeguarding</a>, communication, and <a href="medication administration">medication administration</a>, ensuring that care workers are equipped with the knowledge and skills necessary to provide high-quality care.

The <u>training is mandatory</u> as it helps to protect both the care workers and the individuals receiving care, ensuring that care is delivered in a safe and effective manner. In the UK, the Care Quality Commission (CQC) regulates the care sector and sets standards for the training and development of care workers. The CQC regularly inspects care providers to ensure that they are meeting these standards and that their care workers have received the required mandatory training.

## What is mandatory training CQC?

Mandatory training CQC refers to the minimum level of training required by the Care Quality Commission (CQC), the regulatory body for health and social care in England. The CQC sets standards for the quality of care provided by care providers, and mandatory training is one of the ways it ensures that care workers have the necessary knowledge and skills to provide high-quality care.

The mandatory training covers a range of topics, such as safeguarding, health and safety, and communication, and it is designed to protect both the care workers and the individuals receiving care. The CQC regularly inspects care providers to ensure that they are meeting these standards, and that their care workers have completed the mandatory training. Failure to complete the mandatory training can result in enforcement action and fines for care providers, so it is important that care workers take the training seriously and complete it to the required standard.

## Is the care certificate mandatory?

Yes, the <u>Care Certificate</u> is mandatory for new care workers in the UK. The Care Certificate is a set of standards that outlines the knowledge, skills, and behaviours expected of care workers in their day-to-day work. It is designed to provide new care workers with a common baseline of training,









helping to ensure that they have the necessary knowledge and skills to provide high-quality care. The <u>Care Certificate</u> is mandatory for all new care workers, regardless of the type of care they provide or the setting in which they work. Care workers who do not complete the Care Certificate may be unable to work in the care sector and may face enforcement action from the Care Quality Commission (CQC), the regulatory body for health and social care in England.

# **Legislation and Regulations**

### Health and Safety at Work Act 1974

The Health and Safety at Work Act 1974 is a piece of UK legislation that provides a framework for the protection of workers and others from harm in the workplace. The Act places a general duty on employers to ensure the health, safety, and welfare of their employees and other people who may be affected by their work activities. This includes providing a safe working environment, safe equipment and systems of work, and providing information, instruction, and training to employees on health and safety.

The Act also establishes the Health and Safety Executive (HSE), which is responsible for enforcing health and safety legislation and providing advice and guidance to employers and employees. The Health and Safety at Work Act 1974 is widely considered to be one of the most important pieces of health and safety legislation in the UK, and it has had a major impact on improving health and safety in the workplace.

## Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995

The Reporting of Injuries, Diseases and Dangerous Occurrences
Regulations 1995 (RIDDOR) is a UK law that requires employers and those in control of premises to report certain workplace incidents to the Health and Safety Executive (HSE). The purpose of RIDDOR is to provide the HSE with information about serious workplace incidents and to help prevent similar incidents from happening in the future.

Under <u>RIDDOR</u>, employers and those in control of premises must report fatal or serious injuries to workers, as well as cases of certain types of illness and dangerous occurrences, such as the collapse of buildings or equipment, or the release of hazardous substances. Employers are also required to keep a record of reportable incidents and to provide









information to the HSE or the local authority on request. Failure to comply with <u>RIDDOR</u> is a criminal offence and can result in fines or other enforcement action.

#### Health and Safety (First Aid) Regulations 1981

The <u>Health and Safety (First Aid) Regulations 1981</u> are a set of UK regulations that require employers to provide adequate and appropriate <u>first aid</u> equipment, facilities, and personnel in the workplace. The regulations apply to all types of work activities, including office work and manual labour, and they set out the minimum requirements for first aid in the workplace. This includes having a sufficient number of trained first aiders available, depending on the size and nature of the workplace, and providing access to <u>first aid</u> equipment and facilities, such as a fully stocked first aid box and a designated first aid room.

Employers must also assess the first aid needs of their workplace and provide additional equipment and personnel as required. The regulations also require employers to inform their employees of the arrangements for first aid and to keep records of first aid incidents. The <a href="Health and Safety">Health and Safety</a> (First Aid) Regulations 1981 play a vital role in ensuring the health and safety of workers in the UK, and they help to ensure that appropriate first aid provisions are in place in the event of an accident or illness in the workplace.

#### Food Safety Act 1990

The <u>Food Safety Act 1990</u> is a UK legislation aimed at ensuring that food products sold to consumers are safe for human consumption. The act requires that food businesses take responsibility for producing, processing, and distributing food that is safe and does not pose a risk to human health. This includes ensuring that food is free from contaminants, such as harmful bacteria, and that it is properly labelled and packaged.

The act also establishes the Food Standards Agency, which is responsible for enforcing food safety standards and conducting inspections to ensure that food businesses are complying with the legislation. The Food Safety Act 1990 is considered a cornerstone of food safety regulation in the UK and has helped to improve the quality and safety of food products available to consumers.









#### Manual Handling Operations Regulations 1992 (amended 2002)

The <u>Manual Handling Operations Regulations 1992</u> (amended 2002) is a UK legislation that aims to protect workers from the risks associated with manual handling tasks in the workplace. The regulations require employers to assess and manage the risks associated with <u>manual handling activities</u> and to take steps to reduce the risk of injury to employees. This includes providing training, using appropriate equipment, and making changes to work processes to minimise the need for manual handling.

The regulations apply to a wide range of manual handling activities, including lifting, lowering, pushing, and pulling of objects. Employers must also take steps to prevent back injury, such as providing suitable support and encouraging workers to adopt safe posture and techniques. The Manual Handling Operations Regulations 1992 (amended 2002) are considered an important part of health and safety legislation in the UK and are designed to help prevent injury and protect workers from the risks associated with manual handling tasks.

#### Control of Substances Hazardous to Health 2002

The <u>Control of Substances Hazardous to Health (COSHH) 2002</u> is a regulation in the United Kingdom that aims to control the use and exposure of hazardous substances in the workplace to protect workers' health. The regulation requires employers to assess the risks to their employees from hazardous substances, implement appropriate control measures, and provide information, training, and supervision to employees to ensure they work safely with hazardous substances.

<u>COSHH</u> covers a wide range of substances, including chemicals, dusts, fumes, vapours, and biological agents, and applies to all industries that use hazardous substances, including manufacturing, construction, agriculture, and healthcare.

#### Care 2014

The <u>Care Act 2014</u> is a UK law that provides a framework for the provision and regulation of adult social care in England. It outlines the duties and responsibilities of local authorities, care providers, and individuals in relation to social care. The act also sets out a code of practice for the assessment and support of individuals in need of care and support, as well as the eligibility criteria for receiving care and support. The Care Act 2014 aims to improve the quality and accessibility of adult social care and









promote the rights, dignity, and well-being of people in need of care and support.

#### The Health and Social Care Act 2008 (Regulations 2021)

The Health and Social Care Act 2008 (Regulated Activities) Regulations 2021 is a set of regulations under the Health and Social Care Act 2008 in England that outline the standards and requirements for registered providers of adult social care. The regulations define what is meant by regulated activities and set out the criteria that providers must meet in order to be registered. The regulations also establish the powers of the Care Quality Commission (CQC) to inspect, monitor, and regulate registered providers to ensure that they are providing safe, effective, and compassionate care. The regulations aim to ensure that people receiving adult social care have access to high-quality, consistent, and safe services, regardless of who provides them.

## Health and Social Care Levy Act 2021

The Health and Social Care Levy Act 2021 is a UK law that imposes a new levy on certain employers in the health and social care sector to help fund the National Health Service (NHS). The act requires employers with a payroll bill of more than £3 million per year to pay a new levy, which will be used to support the NHS in England. The amount of the levy will be calculated based on the size of the employer's payroll bill and will be collected through the payroll process. The Health and Social Care Levy Act 2021 is part of the UK government's efforts to secure funding for the NHS and improve the quality of care it provides.

#### Health and Care Act 2022

The <u>Health and Social Care Act 2022</u> is a piece of legislation passed by the UK government, which aims to reform the National Health Service (NHS) in England. The Act introduced changes to the way the NHS was structured and managed, including the creation of clinical commissioning groups, which were given responsibility for commissioning health services for their local populations. The Act also made provisions for the private sector to play a greater role in the provision of health services. The legislation was controversial and was widely debated in the media and political circles.

<u>Mandatory training in care</u> is a crucial requirement for all care workers in the UK. It covers key areas such as the <u>Care Certificate</u>, <u>health and safety</u>, <u>safeguarding</u>, communication, and <u>medication</u> administration, and is









designed to protect both care workers and the individuals they care for. The <u>Care Quality Commission (CQC)</u> sets standards for the training and development of care workers, and failure to complete mandatory training can result in enforcement action and fines for care providers. Additionally, various legislations and regulations, such as the <u>Health and Safety at Work Act 1974</u>, the <u>Control of Substances Hazardous to Health 2002</u>, and the <u>Care Act 2014</u>, provide a framework for the protection and regulation of workers and the provision of care. These regulations are constantly evolving to meet the changing needs of society, and it is important for care workers and providers to stay up to date with these changes to ensure that they provide safe, effective, and compassionate care to those in need.